

Southern Rehab Group, PLLC

Patient Name (print) _____ Date: _____

Height: _____ Weight: _____ Date of Birth: _____ Age: _____

Are you currently employed? If yes, what is your occupation? _____

Is today's appointment related to: ☐ Auto Accident ☐ Workman's Compensation ☐ Disability ☐ Other _____

Are you experiencing any pain today? _____

When did your pain problem/injury first occur? _____

How long have you had this problem? _____

How would you describe the type of pain?

- ☐ Sharp ☐ Numb ☐ Dull ☐ Tingly ☐ Diffuse ☐ Achy
☐ Sharp with motion ☐ Shooting with motion ☐ Stabbing with motion ☐ Shooting
☐ Stiff ☐ Electric like with motion ☐ Throbbing ☐ Other _____

What makes your pain worse? (ex: daily work activities, exercise, stress) _____

What makes your pain better? (ex: over the counter medication, splints, compression bandages)

Are you experiencing any increase in weakness as a result of your injury/pain problem?

Have you noticed an increase in clumsiness? (ex: tripping, dropping items) If yes, please explain:

Have you lost control of your bowels and/or bladder as a result of your injury? ☐ Yes ☐ No

Are there certain times during the day or certain daily activities that increase the amount of pain you are experiencing? (ex: pain is the worst after waking up in the morning.)

Do you have trouble getting to sleep because of your pain? ☐ Yes ☐ No

Can you sleep through the night? ☐ Yes ☐ No

If no, I sleep a total of _____ hrs./night and wake up _____ times/night due to pain.

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Please list the exact types of tests you have received in relation to your pain problem/injury:

Test:	Date performed:	What hospital/clinic:	Findings:
X-Ray (what body part)			
CT (CAT Scan)			
MRI			
Bone Scan			
EMG			
Other tests:			

Please list all of the medications you currently take for any reason:

Drug Name:	Drug Dose:	Frequency:

Do you take any vitamins, herbs, or supplements? If yes, please explain:

Do you incorporate any type of splints/braces or any other type of modalities to help with pain? If yes, please explain:

Please list the exact types of pain injection therapy you have received (ex: epidural/cortisone injections):

Type of pain injection therapy:	Date performed:	Performing physician:

Have you had any type of surgeries or any other types of invasive procedures performed in relation to this problem? If yes, please explain:

How long have you been an employee at your current job? _____

In the past, have you experienced any other sort of injury or pain problem as a result of your daily work activities?

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Are you on any type of restricted work duties at work? If yes, please explain: _____

Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed

Do you have children? ☐ Yes ☐ No

Do you engage in any of the following?

☐ Tobacco Use ☐ Alcohol Use ☐ Drug Dependence

For each of the conditions listed below, place a check in the "past" column if you have had the condition in the past. If you presently have a condition listed below, place a check in the "present" column.

<u>Past</u>	<u>Present</u>		<u>Past</u>	<u>Present</u>	
☐	☐	Headaches	☐	☐	Mid Back Pain
☐	☐	Neck Pain	☐	☐	Low Back Pain
☐	☐	Upper Back Pain	☐	☐	Shoulder Pain
☐	☐	Elbow/Upper Arm Pain	☐	☐	Wrist Pain
☐	☐	Hand Pain	☐	☐	Hip Pain
☐	☐	Upper Leg Pain	☐	☐	Arthritis
☐	☐	Asthma	☐	☐	Rheumatoid Arthritis
☐	☐	Abdominal Pain	☐	☐	Dermatitis/Eczema/Rash
☐	☐	Joint Pain/Stiffness	☐	☐	Heart Attack
☐	☐	Liver/Gallbladder Disorder	☐	☐	High Blood Pressure
☐	☐	Heart Attack	☐	☐	Chest Pains
☐	☐	Stroke	☐	☐	Smoking/Tobacco Use
☐	☐	Kidney Stones	☐	☐	Bladder Infection
☐	☐	Painful Urination	☐	☐	Hepatitis
☐	☐	Ankle/Foot Pain	☐	☐	Cancer
☐	☐	Chronic Sinusitis	☐	☐	Drug/Alcohol Dependence
☐	☐	Prostate Problems	☐	☐	Abnormal Weight Gain/Loss
☐	☐	Muscular Incoordination	☐	☐	Visual Disturbances
☐	☐	Diabetes	☐	☐	Excessive Thirst
☐	☐	Frequent Urination	☐	☐	Allergies
☐	☐	Angina	☐	☐	Depression

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<u>Past</u>	<u>Present</u>		<u>Past</u>	<u>Present</u>	
☐	☐	Systemic Lupus	☐	☐	Epilepsy
☐	☐	HIV/AIDS	☐	☐	Knee Pain
☐	☐	Jaw Pain	☐	☐	Tumor
☐	☐	Loss of Appetite	☐	☐	Ulcer
☐	☐	Dizziness	☐	☐	General Fatigue

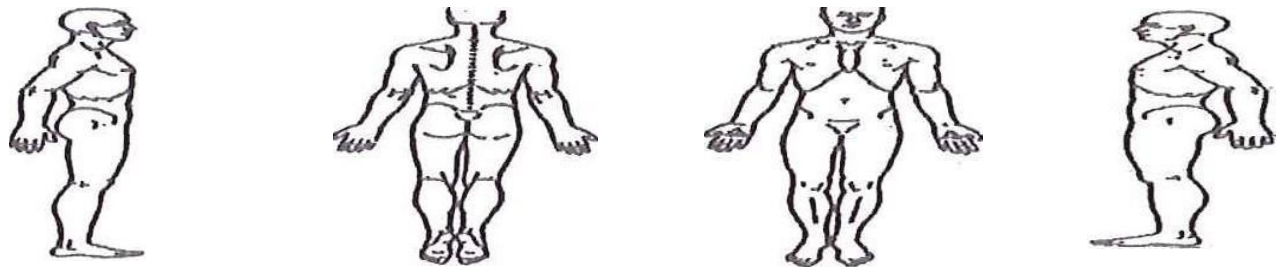
Are you currently pregnant? _____ If yes, how many months? _____

Indicate if you have any immediate family members with any of the following:

- ☐ Rheumatoid Arthritis
 ☐ Diabetes
 ☐ Lupus
 ☐ Heart Problems
 ☐ Cancer
☐ ALS
☐ Stroke

If you have any immediate family members with any other chronic illnesses or debilitating diseases, please list them here:

Indicate on the drawings below where you have pain/symptoms.



How often do you experience your symptoms?

- ☐ Constantly (76-100% of the time)
 ☐ Occasionally (26-50% of the time)
☐ Frequently (51-75% of the time)
 ☐ Intermittently (1-25% of the time)

How did it happen? Please check one:

- ☐ Accident at work
 ☐ Accident at home
 ☐ Following surgery
☐ Auto Accident
☐ Following Illness
☐ Other _____

Have you ever had this pain before? If yes, explain: _____

How are your symptoms changing with time?
☐ Getting worse
☐ No change
☐ Getting better

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Using a scale from 0-10 (10 being worst), how would you rate your problem?

0 1 2 3 4 5 6 7 8 9 10 (Please circle)

What activities do you do at work?

- | | | | |
|---|---------------------------------------|---------------------------------------|---|
| ☐ Sit: | ☐ Most of the day | ☐ Half of the day | ☐ A little of the day |
| ☐ Stand: | ☐ Most of the day | ☐ Half of the day | ☐ A little of the day |
| ☐ Computer work: | ☐ Most of the day | ☐ Half of the day | ☐ A little of the day |
| ☐ On the phone: | ☐ Most of the day | ☐ Half of the day | ☐ A little of the day |
| ☐ Use hand/power tools: | ☐ Most of the day | ☐ Half of the day | ☐ A little of the day |

Please list any other job duties or frequent daily activities you think might have contributed to your injury/pain problem (ex: washing dishes, folding clothes, using a cell phone, sitting at a desk, using mouse/keyboard, writing, using hand/power tools):

How much has the problem interfered with your work?

- ☐ Not at all ☐ A little bit ☐ Moderately ☐ Quite a bit ☐ Extremely

How much has the problem interfered with your social activities?

- ☐ Not at all ☐ A little bit ☐ Moderately ☐ Quite a bit ☐ Extremely

☐ Do you consider this problem to be severe?

- ☐ Yes ☐ Yes, at times ☐ No

How would you rate your overall health? ☐ Excellent ☐ Very good ☐ Good ☐ Fair ☐ Poor

What type of exercise do you do? ☐ Strenuous ☐ Moderate ☐ Light ☐ None

Who else have you seen for your problem?

- ☐ Chiropractor ☐ Neurologist ☐ ER Physician ☐ Orthopedist ☐ Massage Therapist
- ☐ Physical Therapist ☐ Other _____ ☐ No one

I certify that the above information provided in this form is correct to the best of my knowledge:

Patient Signature: _____